

# Quick Guide

## USEFUL CONTACT DETAILS DURING THE CORONAVIRUS CRISIS

**1** To request support for an extremely vulnerable person visit:  
[www.gov.uk/coronavirus-extremely-vulnerable](http://www.gov.uk/coronavirus-extremely-vulnerable)

**2** If you need community help:  
[www.lincolnshire.gov.uk/coronavirus/requesthelp](http://www.lincolnshire.gov.uk/coronavirus/requesthelp)  
Or call: 01522 782189

**3** South Holland Businesses who are providing home deliveries:  
[www.sholland.gov.uk/covid-business](http://www.sholland.gov.uk/covid-business)

**4** If you want to volunteer:  
Please call 01522 782 189 or visit:  
[www.lincolnshire.gov.uk/coronavirus-support-services/  
community-help-volunteering](http://www.lincolnshire.gov.uk/coronavirus-support-services/community-help-volunteering)

**5** If you are a group offering help, please contact:  
[CEC\\_CVC@lincoln.fire-uk.org](mailto:CEC_CVC@lincoln.fire-uk.org)